

## **PE**

### **Year 1**

#### **Topics**

Athletics/Fitness

Dance

Games: Inventing

Games: Large ball skills

Games: Partner work

Games: Skills

Gymnastics (Points and patches, Rock n Roll, Wide/Narrow/Curl)

#### **Objectives**

I can develop skills to participate effectively.

I can evaluate the journey and relate it to others.

I can explore the parameters of the discipline.

I can perform and participate in the field of the physical activity.

I can use skills effectively.