<u>PE</u>

Key Stage Two

<u>Topics</u>

Adventurous activities/ Orienteering

Athletics/Fitness

Dance

Cricket

Football

Hockey

Netball/Basketball

Rounders

Tag Rugby

Tennis

Gymnastics (Year 3 – Pathways, Stretch, Curl, Arch Year 4 – Receiving Body Weight, Rolling Year 5 – Bridges & Flight, Spinning & Turning) Year 6 – Counter Balance & Counter Tension, Match and Mirror)

Objectives

I can develop skills to participate effectively.

I can evaluate the journey and relate it to others.

I can explore the parameters of the discipline.

I can perform and participate in the field of the physical activity.

I can use skills effectively.